

Regional Championships 2023 – Running Order

The Regional Championships 2023 will be held at Pegasus GC, Maidstone on **Sunday 23 April**.

This document contains everything you need to know about the event. There will be no programmes for sale on the day. Please photocopy pages from this to distribute to parents as appropriate.

If there are further questions, please direct them to Richard Kasley.



Information for spectators

There is no charge for spectators. Each club is allocated 2 spectator seats per gymnast in that round. Please ensure this is adhered to; there will not be enough seating otherwise.

Medals and trophies

There will be apparatus medals as well as all around medals.

Only Gold apparatus medals will be presented in categories containing 4 gymnasts or less.

No all-around medals will be presented to gymnasts who do not perform on all apparatus.

Last year's trophy winners

Trophies will be awarded to the all-around winner in each category in the National event.

Please ensure you return your trophy from last year. Please ensure it's clean, engraved, and ready to be handed out again.

Category	Awarded	Winner	
National U12	2022	Ethan Murphy	Peg
National U14	2022	James Llewelyn	Haw
National U16	2022	Oliver Porter	Wok
National U18	2022	Joshua Porter	Wok
National Snr	2022	Matthew McClymont	Tol

President's Trophy

The President's Trophy is presented to a club (not an individual gymnast) for performance within the region during the year.

Results from the following regional competitions are counted towards the President's Trophy:

1. Regional Championships: All national levels
2. Regional Grades Qualifiers: Club Grades 1-6
3. Regional Grades Qualifiers: Elite Grades 1-6

The scores from gymnasts placed in the top three of each of these categories are added towards the club total for President's Trophy.

The trophy will be awarded at the end of the last event in the series (Regional Grades Qualifier).

Judging allocation

Each club must supply one suitably qualified judge for the whole day. The club must pay this judge's expenses. Clubs will be charged £100 if they do not supply a judge to enable us to get a judge from outside the region.

This will not provide enough judges for the event; some clubs must provide more than one judge. The region will pay for these extra judges.

Payments for not supplying a judge should be by BACS using the following details:

Sort code: 60-10-15

Account: 00262455

Reference: MAG 010522

There will be a judges' meeting at the start of the day (09:00) and during the lunch period (13:00).

You should direct any judging queries to Craig Woodhams.

Clarifications to regional rules

This event uses the same rules as used at Pipers Vale in April. Any modifications applied at Pipers Vale will be adopted for this event.

Venue, equipment and space

Please ensure your gymnasts stay in the allocated areas when they are waiting to compete.

No outdoor shoes in the Gym for coaches, gymnasts, spectators or judges.

No food or drink of any kind in the Gym (including gymnasts' drinks). Water for gymnasts is available from the water fountain. Drinks can be kept in the changing rooms.

Round 1

Regional Under 9, Under 10, Under 12

The round begins with a general warm-up of 15 minutes on the floor area.

Registration	09:00
General warm-up	09:15
Presentations	12:30

After general warm-up, gymnasts march to their first piece. They will present to the audience from their first piece.

Split warm-ups will be used in this round. Each half of the group gets a 5 minute warm-up, then compete.

Drop down occurs across both splits (the first gymnasts in the second half becomes the last gymnast in the first half on the next rotation).

Running order

Round 1, Floor

Regional Under 9

59	Haw	Magnus Reynolds
60	Haw	Ralph Noble
61	Tol	Christopher Joubert
62	Tol	Coen Louis
63	Tol	Mykhailo Shepilov
64	Tol	Oliver Lucas
65	L+D	Aryton Friend
66	L+D	Benedict Hampson
67	Can	Isaac Chambers

Round 1, Pommels

Regional Under 9

68	Peg	Jasper Fenton
69	Peg	Rocco Oconnell-Risi
70	Peg	Whittaker Singleton
71	Peg	Ezra Coull
72	Wok	Joe Roberts
73	Wok	Jude Rawlings
74	Wok	Sam Arnold
75	Wok	William Brierley
76	Wok	William Tombs
77	Wok	Harvey Holland

Round 1, Rings

Regional Under 10

82	Haw	Aidan Skelton
83	Haw	Fraser Smyth
84	Haw	Herbie Byers
85	Haw	Will Mitcham
86	Tol	Tristan Jansons James

Round 1, Vault

Regional Under 10

87	L+D	Jacob Cathcart
88	L+D	James Richardson
89	Peg	Jenson Evans
90	Wok	William Middleton
91	Can	Mason Mathers
92	Can	Sebastian Marfleet

Round 1, P-bars

Regional Under 12

97	Tol	Adriano Broccu
98	Tol	Cobey Thompson
99	Tol	Geno Strowger
100	Tol	Isaac Hamilton
101	Tol	James Shade
102	Tol	Max Moore
103	Tol	Oliver Powell-White
104	Tol	Raphael Afriyie Claxton

Round 1, H-bar

Regional Under 12

105	Wok	Dec Freeman
106	Wok	Eden Marlow
107	Wok	Fionn Kelly
108	Can	Arthur Travers
109	Can	Jake Thackray
110	Can	Noah-Jack Harper
111	Can	Samuel Hsylop
112	Can	Theo Comley
113	Can	William Northcott
114	Can	William Norton

Round 2

Regional Under 8, Under 16
National (all categories)

Registration	13:00
General warm-up	13:30
Presentations	17:00

Competitors should arrive at the venue 30 minutes before the time stated in case the previous round ends earlier than expected.

The round will begin with a 15 minute general warm-up.

Each rotation will begin with an 8 minute apparatus warm-up (no split warm-up).

There will be a government testing of the national alert system at 15:00. We will stop all performances just before that time. It would not be safe to work while the siren is sounding.

Running order

Round 2, Floor

Regional Under 8

49 Tol Hugo Barrigan
50 Tol Madden Daws
51 L+D Benedict Watts
52 L+D Finley Clapham
53 L+D Seth Grant
54 Wok Joseph Waterer

Round 2, Pommels

Regional Under 16

119 Tol Harry Cross
120 Tol Nehemiah Caesar-Harrison
121 Tol Rio Da Silva-Jenkins
122 Can Luca Patrick
123 Can Nathaniel Townshend
124 Can Oliver Smith

Round 2, Rings

National Under 12

1 Haw Alfie Morgan
2 Haw George Pattison
3 Haw Alex Handley
4 Haw James Hill
5 Haw Edward Glazier
6 Peg Benjamin Ellis
7 Peg Brodie Dunn
8 Peg Leo Trandaburu

Round 2, Vault

National Under 14

13 Tol Donte Buchanan-Barrett
14 Tol George Hibbert
15 Wok Ben Porter
16 Wok Jay Coote
17 Wok Max Veo-Creek

Round 2, P-bars

National Under 16

~~22 Tol Daniel Etim Finnemore~~
23 Tol Leonardo Thomas
24 Tol Thomas Powell
25 L+D Ethan Grier
26 Peg Dexter Pedder
27 Wok Oli Porter
28 Wok Rio Chandiram

Round 2, H-bar

National Under 18

33 Tol Jamie Lakin
34 Peg Oakley Banks
35 Wok Joel Ireland
36 Wok Josh Porter
37 Wok Santo Fuoco

Senior

42 Peg Samuel Ghinn
43 Wok Jamie Lewis
44 Wok Rudi Moriano