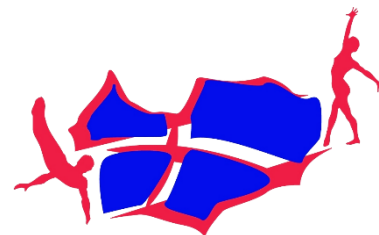


Regional Championships 2023

The south-east regional voluntary men's championships will be held at Pegasus GC, Maidstone on **Sunday 23 April 2023**. This event is open to all clubs affiliated to South-East gymnastics. Gymnasts from other regions may compete as guests if invited but will not be eligible for medals or trophies.



This is a two-tiered event; there is a competition for National level gymnasts and a more inclusive Regional level. We hope this will encourage new clubs and coaches to get involved in men's artistic.

National Level

Eligibility

Open to all gymnasts.

Categories

1. National Senior - Full FIG
2. National U18 - Appropriate code according to Men's competition hand-book
3. National U16 - Appropriate code according to Men's competition hand-book
4. National U14 - Appropriate code according to Men's competition hand-book
5. National U12 - Appropriate code according to Men's competition hand-book

British Under 12 teams' selection

We will use this event to help choose gymnasts for the Under 12 British teams.

Regional Level

This level is an intermediate step between the set-work grades routines and voluntary routines, to aid the development of younger gymnasts and help their progression towards FIG level routines. The competition is structured with a 'set routine' base, with the opportunity for gymnasts to add in voluntary skills to build difficulty.

Eligibility

- Open to gymnasts who have not entered a 6-piece voluntary event using BG junior code or FIG code in the last 12 months (e.g. Home-Nation / British Championships).
- Gymnasts who competed in either stream of Grades Finals are able to compete in the Regional level.
- It is up to clubs to enter gymnasts into the appropriate level (Regional or National).

Categories

1. Regional U16 (including U14, U16) - Regional Code (U16)
2. Regional U12 - Regional Code (U12)
3. Regional U10 - Regional Code (U10)
4. Regional U9 - Regional Code (U9)
5. Regional U8 - Regional Code (U8)

Regional Code

The regional code will be the same as used for Pipers Vale. We will adopt any clarifications and alterations used at Pipers Vale.

Judges

Each club must supply one suitably qualified judge for the full day. The club must pay this judge's expenses. Clubs will be charged £100 if they do not supply a judge to enable us to get a judge from outside the region.

This will not provide enough judges for the event; some clubs must provide more than one judge. The region will pay for these extra judges.

Awards

All-around and apparatus medals will be presented. Older gymnasts or less experienced gymnasts may choose not to compete on all pieces. No all-around medals will be presented to gymnasts who do not compete on all apparatus.

No apparatus medals will be presented for categories containing 3 gymnasts or less. Only Gold apparatus medals will be presented for categories containing 6 gymnasts or less.

The D score will be used to separate ties wherever possible.

Trophies will be awarded to the winner in each National category.

Current trophy holders

Please return your trophy on the day. Ensure it's clean, engraved and ready to be handed out again.

Competition	Level	Awarded	Name	Club	Returned
National	U12	2022	Ethan Murphy	Peg	
National	U14	2022	James Llewelyn	Haw	
National	U16	2022	Oliver Porter	Wok	
National	U18	2022	Joshua Porter	Wok	
National	Snr	2022	Matthew McClymont	Tol	

President's Trophy

The President's Trophy is presented to a club (not an individual gymnast) for performance within the region during the year.

Results from the following regional competitions are counted towards the President's Trophy:

- Regional Championships: All national levels
- Regional Grades Qualifiers: Club Grades 1-6
- Regional Grades Qualifier: Elite Grades 1-6

The scores from gymnasts placed in the top three of each of these categories are added towards the club total for President's Trophy.

The trophy will be awarded at the end of the last event in the series (Regional Grades Qualifier).

This award is currently held by Tolworth GC.

Entry forms

Clubs should submit entries online

<https://www.gymevent.uk/events/view/28>

Coaches

Please ensure your coaches are qualified at the correct level and they are reminded about dress and jewellery rules.

Entry Fee

The entry fee is £50 per gymnast.

Please pay by BACS using the following account details:

Sort code: 60-10-15

Account: 00262455

Reference: MAG 220423

Ensure you use the correct reference. There are many payments made in to this account, and the reference enables us to see what you have paid for.

Closing date

Entries and entry fees must be received before **8:00pm on Friday 24 March**. No late entries will be considered.

The running order will be published on **Friday 31 March**.